

Position	Time	Number	Name	Club	Category
1	35:31	100	Blain Rooney	Derwent AC	M
2	35:44	115	Richard Murdock	Cumberland AC	M
3	36:07	107	Paul Graham	Derwent AC	M
4	37:17	45	James Slater	Derwent AC	M
5	38:05	78	Chris Brewer	Keswick AC	MV40-50
6	38:17	58	Andrew Baxter	Unattached	MV40-50
7	38:28	136	Andrew Armitage	unattached	M
8	38:49	34	Steven Pagan	Carlisle Tri	MV40-50
9	38:52	66	Tom Howe	Derwent AC	M
10	38:53	37	Phil Lowrey	Copeland AC	M
11	39:54	68	Darren Haworth	Unattached	M
12	39:55	52	Kane Tinnion	Derwent AC	M
13	40:05	40	Bobby Hagan	St. Bees Triers	M
14	40:55	74	John Curran	Keswick AC	MV50-60
15	40:57	101	Carl Tomlinson	Tri Lakeland	M
16	40:58	124	Martin Brownridge	unattached	MV40-50
17	41:02	73	Michael Hawley	Penrith	M
18	41:13	85	Neil Atkinson	CFR	MV40-50
19	41:28	131	Rob Motley	Unattached	M
20	41:32	81	Chris Wear	Cumberland AC	MV40-50
21	41:34	28	Stephen Hackley	Derwent AC	M
22	41:37	93	Tony Briscoe	Cumberland AC	MV50-60
23	41:55	84	Tony Holliday	Cumberland AC	MV40-50
24	42:08	42	Shane Stobbart	Cumberland AC	M
25	42:09	35	Dean Mason	Cumberland AC	MV40-50
26	42:18	36	Kevin McAdam	Cumberland AC	M
27	42:22	132	John Andrewartha	Eden Runners	MV40-50
28	42:26	94	Chris Travis	unattached	M
29	42:38	80	Viv Winter	Derwent AC	FV45-55
30	42:43	110	Steve Tomsett	unattached	M
31	42:44	60	David Bowness	Cumberland AC	MV50-60
32	43:19	33	Peter Milligan	Cumberland AC	M
33	43:35	50	Paul Schofield	Cumberland AC	M
34	43:47	76	Rob Owen	unattached	M
35	43:51	95	Shaun Cavanagh	Cumberland AC	MV50-60
36	43:52	77	John Barnes	Unattached	M
37	44:02	117	Mark Rutherford	Keswick AC	M
38	44:08	134	Mike Hewitt	Derwent AC	M
39	44:08	70	Geoff Chapman	Eden Runners	MV40-50
40	44:21	39	Paul Greening	unattached	M
41	44:27	104	Sophie Noon	Derwent AC	F
42	44:30	123	Bruce Hardy	Derwent AC	M
43	44:40	51	David Stanfield	Yeovil Town ARC	MV50-60
44	44:57	111	John Oakey	Eden Runners	MV40-50
45	45:28	56	Emma Gregory	Cumberland AC	F
46	45:37	75	Iain Wilson	Cumberland AC	M
47	45:57	32	David Cain	Cumberland AC	MV50-60
48	46:01	89	Celia Jackson	Dewent AC	F
49	46:04	90	Graeme Jones	unattached	MV40-50
50	46:06	86	Debbie Walker	Derwent AC	FV35-45
51	46:20	61	Philip Meloy	Cumberland AC	M
52	46:24	63	Craig Miles	unattached	M
53	46:30	98	Mike Edgar	Unattached	M

54	46:39	127	Dave Chapman	Unattached	MV40-50
55	46:52	126	Richard Williams	Unattached	M
56	46:56	121	Antonia Skelton	Derwent AC	F
57	46:57	102	Ernie Davidson	Tri Lakeland	MV40-50
58	47:15	67	Graham Hetherington	Cumberland AC	MV50-60
59	47:22	91	Errick Hannah	Cumberland AC	MV50-60
60	47:42	108	Andrew Walker	Eden Runners	MV50-60
61	47:44	31	Susan Cain	Cumberland AC	FV55-65
62	47:45	122	Geoffrey Carter	unattached	MV40-50
63	47:46	47	Richard Jewell	Cumberland AC	MV40-50
64	48:11	97	Elizabeth Watson	Derwent AC	F
65	48:12	125	Paul Brockson	Derwent AC	M
66	48:29	114	Alyx Petre	Cumberland AC	F
67	48:36	128	Caroline Evans	Headington Road Runners	F
68	49:03	79	Piers Tupman	Unattached	MV40-50
69	49:07	99	Philip Rooney	Unattached	MV50-60
70	49:14	55	Leanne Roberts	Cumberland AC	F
71	49:14	54	Tracey Owen	Cumberland AC	FV35-45
72	49:19	92	Paula McKinney	unattached	FV35-45
73	49:47	129	Lisa Jackson	Derwent AC	F
74	50:11	65	Rebecca Williamson	Derwent AC	F
75	56:16	120	Josh Barker	unattached	M
76	50:25	130	Bev Faulden	Seaton AC	FV35-45
77	50:36	135	Josep Walker	Cumberland AC	M
78	50:47	30	Andrew Ridgway	Cumberland AC	MV40-50
79	50:59	133	Alasdair Morgan	Unattached	MV40-50
80	51:01	38	Craig Morrow	unattached	M
81	51:05	83	Rebecca Adams	Derwent AC	FV45-55
82	51:06	41	Tony Jewell	unattached	MV60-70
83	51:13	53	Stuart Pyne	Cumberland AC	M
84	51:35	48	Jonathan Stamper	unattached	M
85	51:36	46	William Cunningham	Cumberland AC	MV40-50
86	51:38	106	Philip Sellars	Derwent AC	M
87	51:46	112	Tiffany Heaviside	Eden Runners	F
88	52:48	116	Paul Saager	Eden Runners	MV60-70
89	52:54	69	Kathleen Batty	Carlise Tri	FV35-45
90	53:07	49	Graig Kershaw	Cumberland AC	MV60-70
91	53:29	105	Kevin Whitemore	Eden Runners	MV60-70
92	53:34	59	John Lewis	Cumberland AC	MV60-70
93	54:05	109	Daniel Crooks	unattached	M
94	54:13	72	Jackson Kelly	St. Bees Triers	M
95	54:14	119	Sarah Chaudhri	Cumberland AC	FV45-55
96	54:15	43	Sarah Edwards	Cumberland AC	FV45-55
97	54:24	96	Karen Cavanagh	Cumberland AC	FV45-55
98	54:32	87	Lee Blackwell	Cumberland AC	M
99	55:14	44	Stuart Buchanan	Cumberland AC	MV50-60
100	55:20	88	Zoe Blackwell	Cumberland AC	FV35-45
101	55:39	71	Stella Atherton	Cumberland AC	FV45-55
102	55:44	82	Andrew Adams	Derwent AC	MV50-60
103	57:38	62	Kenny Macleod	unattached	MV50-60
104	58:51	137	Gill Silsen	Eden Runners	FV55-65
105	59:19	64	Amy Robson	unattached	F
106	59:30	26	Gay Eastoe	Alnwick Harriers	FV55-65
107	59:31	27	Richard Eastoe	Alnwick Harriers	MV60-70

108	1:01:56	103	Dawn Gainford	Cumberland AC	FV35-45
109	1:02:33	29	Lindsay Buck	CFR	FV45-55
110	1:05:05	57	Stephen Watson	Cumberland AC	MV70-80
111	1:05:20	118	Fayyaz Chaudhri	Cumberland AC	FV45-55
112	1:08:09	113	Shaun Silson	Eden Runners	MV50-60