

Lambfoot Loop 10K 2011 Results - 24th May 2011

Position	Time	Number	Name	Club	Category
1	33:55	17	Russell Maddams	Keswick AC	M
2	34:33	27	Phil Winskill	Keswick AC	M
3	35:09	26	Carl Bell	Howgill Harriers	M
4	36:55	15	Ian Davies	Keswick AC	M
5	37:00	13	Howard Seal	Derwent AC	M
6	39:03	56	Daniel Barton	Keswick AC	M
7	39:26	11	Alan Beech	Unattached	MV40-50
8	39:52	34	Mike Anderson	Unattached	MV50-60
9	39:55	48	John Curran	Keswick AC	MV40-50
10	39:56	41	Adam Nichol	St Bees Tri	M
11	39:57	19	Stephen Hackley	Derwent AC	M
12	39:57	47	Alan Jennison	East Hull Harriers	MV40-50
13	40:14	61	A Slattery	Keswick AC	MV40-50
14	41:05	57	Andrew Martindale	Wigton Road Runners	MV40-50
15	41:22	22	Chris Brewer	Keswick AC	M
16	41:54	60	Pete Marston	CFR	M
17	42:07	38	Barry Hodgson	Ellenborough AC	MV50-60
18	42:26	12	Robert Morris	Derwent AC	JM
19	43:00	49	Larry Abel	Blengdale AC	MV40-50
20	43:14	14	Phil Casson	Derwent AC	M
21	43:27	3	David Cain	Penny Lane Striders	MV50-60
22	44:01	44	Andrew Barron	Up & Running	MV40-50
23	44:28	51	Ellie Ulyatt	Derwent AC	F
24	44:39	55	Libbie Graham	Keswick AC	F
25	45:26	9	Quentin Merritt	Keswick AC	MV50-60
26	45:26	25	Ian Black	Unattached	MV40-50
27	45:38	59	Brian Western	Carlisle Tri	M
28	45:49	20	Gary Lynch	Ellenborough AC	MV40-50
29	46:28	58	Helen Young	Carlisle Tri	F
30	46:31	50	Piers Tupman	Unattached	MV40-50
31	46:44	37	Neil McNicholas	Tri Lakeland	MV40-50
32	47:01	18	Susan Cain	Penny Lane Striders	FV45-55
33	48:06	52	John Shaw	Keswick AC	MV40-50
34	48:13	39	Steve Blackwell	Unattached	M
35	48:16	1	John Bamforth	Unattached	MV40-50
36	48:31	31	Chris Clark	Keswick AC	MV60+
37	48:40	24	Annabel Holmes	Keswick AC	FV35-45
38	48:59	21	Shaun Cavanaugh	Cumberland AC	MV40-50
39	49:20	53	Mark Studholme	Unattached	M
40	49:29	43	Barrie Studholme	Unattached	M
41	49:58	10	Julian Graham	Blengdale Runners	M
42	50:08	36	Claire McNicholas	Unattached	FV35-45
43	50:17	40	Karen Southwell	Ellenborough AC	FV35-45
44	51:25	32	Margaret Howley	Cumberland AC	FV45-55
45	52:02	46	Judith Wilson	Ellenborough AC	FV45-55
46	52:03	45	Paul Wilson	Ellenborough AC	MV40-50
47	52:09	29	Mike Bell	Up & Running	MV60+
48	52:10	35	Jane Mottram	CFR	FV55+
49	53:06	33	Philip Howley	Cumberland AC	MV50-60
50	53:19	54	Bev Faulden	Seaton AC	FV35-45
51	53:30	30	Kim Clark	Keswick AC	FV45-55
52	56:12	42	Emma Hennessy	St Bees Tri	F
53	56:46	23	Karl Fursey	Black Combe Runners	M
54	57:01	16	Jon Knat	Unattached	MV40-50
55	57:39	5	Gay Eastoe	Alnwick Harriers	FV55+
56	57:39	6	Richard Eastoe	Alnwick Harriers	MV50-60
57	58:03	7	Sharon Cowman	St Bees Tri	FV35-45
58	59:13	28	Geoff Harrington	Cumberland AC	MV60+
	DNS	2	Susan Turner	Unattached	FV45-55
	DNS	4	Keith Stuart	Fetch Everyone Running Club	M
	DNS	8	Duncan Overton	Keswick AC	MV60+