

Derwent AC AGM

Date:	10 December 2014
Venue:	The Bunch Bowl, Great Broughton
Present:	Tony Davis, Andrew Adams, Peter Walker, Anna Blackburn, Ian Grimshaw, Hilary Royston-Bishop, Blain Rooney, Jessica McCarry, Matt McCarry, Phil Cueto, Stephen Hackley, Tom Durcan, Debbie Walker, Nick Lancaster, Emma Walker
Apologies:	Howard Taylor, John Barker
Chair:	Tony Davis

1. **Open meeting, Introduce Committee, House Rules**

Tony Davis opened the meeting, introduced the committee and explained the house rules.

2. **Minutes of the last AGM**

Minutes of the meeting 11 December 2013 were approved.

3. **Treasurers Report**

An email from John Barker was circulated. Tony explained income and expenditure for the year.

4. **2014 Race report**

The Club held four road races in 2014. A total of 337 competitors took part which was made up of record entries in all four races.

This year we switched the dates of the Lambfoot Loop and the Hay-O Trail with the belief that having the Hay-O trail earlier we would avoid stock in the fields, however this was not the case. I have spoken to the farmer on a couple of occasions since but he has never given any indication that he is unhappy about us using his fields. I will check again when I pass on our thank you.

Goodfellow and Sons sponsored the Hay-O Trail and provided the prizes again this year. Jennings donated some bottles of Cumberland Ale and provided the rest at a reduced price for the Cumberland Ale 10. The buffet well down really well again this year thanks in no small part the two ladies on duty in the shop. Broughton Scouts manned the water station and marshalled the far end of the course. We also had help from various members' friends and family. Cumberland Ale 10 thought it good value for money.

We exceeded the race limit of a hundred for the Lambfoot Loop with 108 entries. However our risk assessment is for 150 and UKA rules say we have to submit numbers to the local authority but the form I fill in only asks for expected numbers. We will make sure the permits are for 150 in the coming season.

We increase the race fee for each race by one pound this year to cover the cost of the First Aid. Feedback suggests that most competitors still believe they are getting value for money. The intention was that any excess money raised through this increase would be donated to Cockermouth First Responders, the excess is £137 pounds. There is also another £50 for the race the first aid failed to turn up for, do we include that?

At last year's AGM we decided not to run a Grand Prix this year. I am not aware of any feedback that suggested it was missed.

Early in January we hosted the Cumbria Cross Country County Championship. We had the use of an extra field which gave us a longer course. The event was well received even though it was 'slightly' muddy. Derwent AC also hosted the first race of the Cumbrian Cross country league in September. We ran a clockwise circuit this year with a slightly modified route. The Club received £125 cost. This year there was more help both setting up and dismantling the course and some Keswick runners pitched in while warming down.

	2007	2008	2009	2010	2011	2012	2013	2014
Isel Cross	15	33	32	37	54	60	52	66
Lambfoot Loop	42	54	44	72	61	60	82	108
Hay O Trail	35	29	37	62	63	62	73	81
Cumberland Ale 10	54	70	61	79	69	53	69	82
Total	146	186	174	250	247	235	276	337
Grand Prix		8	13	15	21	10	19	
Male		6	10	15	13	7	11	
Female		2	3	4	8	3	8	

Decided to stick with not doing the Grand Prix.

The £137 excess is to be donated to Cockermouth First Responders. The extra £50 to go to Blain for his London marathon charity.

5. **2015 Races**

Dates worked out as follows:

4 April Isel Cross

26 May Hay Trail

7 July Lambfoot Loop

13 September Cumberland Ale 10.

The race committee is currently made up of Tony Davies, George Royston-Bishop and Emma Walker. If any other members are able to assist or would like to take a role on the committee please contact Emma.

Using Cockermouth School for race registration was discussed. Decided to stick with the clubhouse as the fees are too expensive.

6. **2015 Club Championship**

Coach Andy to provide a list of championship races and the rules for points.

7. **Website/Social Media**

Hilary provided an update. We have had good feedback from new members on the website and people using it for race information. Club members tend to use Facebook.

The external Facebook site is up to 176 likes – was on 90 likes when Hilary took it on. The photos from the Cumberland Ale 10 were particularly popular.

Twitter up from 44 followers to 162.

Discussed having a revamp of the website. Phil to contact his friend at Be Creative for a quote for a design that we can then administer.

8. **Fell weekend/2015 social events**

Hilary reported that the 2015 fell weekend was to take place the weekend after the Lambfoot Loop in July at Langdale Youth Hostel. Details to follow in due course.

Emma discussed ideas for 2015 social events including Edinburgh Marathon festival, Muddy Shoes and Muddy Bottoms orienteering races, Gelt mud run. Also mentioned non-running things like race night, fell walk, BBQ. There was interest in a curry night. Also doing a sponsored club event. Further details to be circulated for interest and any comments/feedback please contact Emma.

9. **2015 Membership Fees**

Discussed UKA increases. Individual gone from £10 to £12. Club affiliation from £75 to £100. Agreed to make 2015 fee £20 to hopefully cover any increases over the next couple of years.

10. **London Marathon place and voting system**

Marathon place has gone to Tom Durcan.

Coach Andy proposed new system to be that you need to have been a club member for 2 years i.e. paid two lots of membership fees. Interested names go in a hat and anyone successful would then step out of draw for two years. This system was agreed upon for 2015.

11. **Club kit**

Phil is going to contact New Balance to see if they can print at their site in Workington. Tom Durcan to look into website where you can have a club shop so we could have t-shirts, vests, shorts, hoodies etc and new members would simply go to website and order what they required.

12. **First Aid Donation**

See note under 2014 Race Report.

13. **Thank yous**

Agreed list of people to sort:

- Goodfellows
- Jackie/Sharon – buffet
- First Aider
- Jennings Brewery
- Chris/Frank marshals
- Jo in Edinburgh for accommodation
- Debbie's dad for Cumberland Ale 10 prizes

14. **UKA Welfare Office**

Nick Lancaster to have a look at what is required with a view to filing this position for the club.

15. **Club Officials election**

Agreed as follows:

Secretary – Tony Davies

Coach – Andy Adams

Chairman – Howard Taylor

Treasurer – John Barker

Male captain – Peter Walker

Female captain – Debbie Walker

Web – Hilary Royston-Bishop

Membership Secretary – Emma Walker

The female captain and membership secretary were new roles for 2015.

16. **AOB**

- Clubhouse

Matt McCarry is a surveyor. James Slater is a civil engineer and they have agreed to look over the clubhouse to see what needs to be done. Matt to then look into grants as he used to work at the Council and has contacts there still.

- Junior Members
Interest shown in having a junior membership of the club. Debbie already coaches some junior athletes in Cockermouth.
Need to get more people taking coaching qualifications. The course that Debbie, Phil and Steve Hackley attended this year was £160 for two days which was paid for by grant by the Council.
Run Britain also provide courses. Hilary and Tom Durcan expressed an interest in attending a course and Nick in a fell running coaching course. If any other members are interested please ask Coach Andy about this.
- 2015 AGM
Asked if this could be moved to November as December a busy time of the year. This was agreed.
- January Challenge
Phil to circulate details. 2014 winners to be announced at Christmas party prize giving.
- Running track
Discussed possibility of having some training sessions at the track in summer or over weekends as a club.