

Time Trial Tuesday 29th March

Time Trial Session: Hospital Junction Loops

4 loops along Castlegate, Beech Lane and Isel Road, alternating between clockwise and anti-clockwise. The aim was to keep a consistent pace for all the loops, so a consistency score has been applied ($\text{average}/(\text{max}-\text{min time})$) with the highest scores highlighted. Joe was the most consistent but since he only did two loops, Ellie's score makes her the most successful overall on this session - well done!



Athletes		Loop1: Clockwise			Rest	Loop2: Anticlockwise			Rest	Loop3: Clockwise			Rest	Loop4: Anticlockwise			Average	Variance	Consistency Score
Forename	Surname	Start	Finish	Time		Start	Finish	Time		Start	Finish	Time		Start	Finish	Time			
Tony	Davis	0:00	5:34	5:34	2:00	7:34	13:18	5:44	2:00	15:18	21:10	5:52	2:00	23:10	29:11	6:01	5:48	0:27	12.88
Philip	Cueto	0:00	5:38	5:38	1:59	7:37	12:32	4:55	Took over the timing						5:16	0:43	7.36		
Joseph	Ritson	0:00	6:04	6:04	1:50	7:54	14:13	6:19	Stopped Early						6:12	0:15	24.77		
Kirsty	Murdoch	0:00	5:43	5:43	2:07	7:50	13:46	5:56	2:00	15:46	21:48	6:02	2:00	23:48	29:55	6:07	5:57	0:24	14.87
Ellie	Ulyatt	0:00	5:42	5:42	2:08	7:50	13:33	5:43	2:00	15:33	21:33	6:00	2:00	23:33	29:27	5:54	5:50	0:18	19.43
Jamie	Turner	0:00	5:45	5:45	2:05	7:50	13:50	6:00	2:00	15:50	22:15	6:25	1:50	24:05	30:55	6:50	6:15	1:05	5.77
Howard	Taylor	0:00	6:05	6:05	1:49	7:54	15:05	7:11	8:50	Long Rest				23:55	30:15	6:20	6:32	1:06	5.94
Stephen	Hackley	0:00	5:17	5:17	2:04	7:21	12:38	5:17	2:05	14:43	20:13	5:30	2:03	22:16	27:53	5:37	5:25	0:20	16.26
Howard	Seal	14:43	19:19	4:36	1:51	21:10	25:59	4:49	1:54	27:53	32:53	5:00	Started Late			4:48	0:24	12.01	